

Social Emotional Learning

Lesson 1: Complimenting at Home Supplementary Activities



Pre-school:

Compliment Catch

This is an activity that will encourage giving and receiving compliments.

In a circle throw the ball to someone and give them a compliment. Once you have received a compliment sit down.



Age 4-7:

The Compliment Tree.

Preparation – this is half the fun! Make sure everyone helps with this!

(1) Create a ‘compliments tree’ using either twigs or branches from outside and put into a vase; or make one on paper using brown and green paper. (2) Cut out a lot of leaf-shaped patterns using coloured paper. (3) Tie a string to each one.

Process:

(1) Each time someone gives a compliment to someone in the house they get to hang a leaf on the Compliment Tree. *(If they're feeling adventurous they could even write the compliment on the leaf and the name of who it belongs to and who it was from!)*

(2) Different coloured leaves could symbolize the different types of compliments:

- a. **Green:** Ways people look (“I like your hair”)
- b. **Yellow:** Things people have (“I like your backpack”)
- c. **Red:** Things people do (“You run fast”)
- d. **Blue:** The way people are (“You’re a good friend”)

Challenge each other to see how quickly you can fill the tree with compliments.

Share photos of your completed tree with us @PATHSEdUK

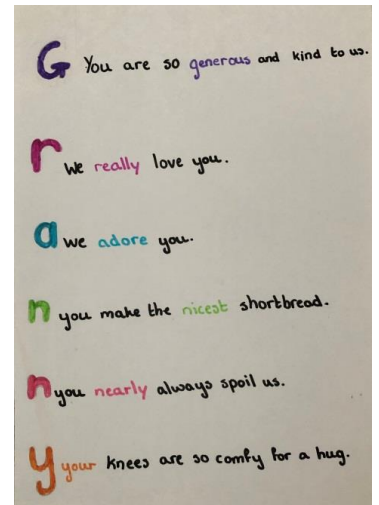


Age 7-11:

Compliment Poems

During social isolation, it is hard not being able to see loved ones – both family and friends. One thing your child could do is send them a letter – with a complimentary difference!

Letters are especially lovely because, unlike a text message, phone-call, or video call, you can put them into a box and look at them again and again. Think how lovely it would be to receive a complimentary acrostic poem made especially for you from someone you love! Help your child to create individualised 'Acrostic Poems' for grandparents, aunts, uncles, friends etc. so they can stay connected through the power of complimenting! You could even have a go at creating one for your child.



Compliment Game for the whole family

This is an extra game that the whole family could enjoy!

Cut up the cards on the next two pages. Have everyone in the family write their name down on one of the name cards. Put them in one container (Container A). Put the four types of compliments cards in the second container (Container B). Each person takes a turn by taking one card out of Container A. They read the name of the person they will give a compliment to. Then they take a card out of Container B. They give the person whose name they selected that type of compliment. Play until everyone's name has been selected.



COMPLIMENTS GAME

Name:

COMPLIMENTS GAME

Name:

COMPLIMENTS GAME

Name:

COMPLIMENTS GAME

Name:

COMPLIMENTS GAME

Name:

COMPLIMENTS GAME

Name:

COMPLIMENTS GAME

The way we look.

COMPLIMENTS GAME

The way we look.



| | |
|--|--|
| <p><u>COMPLIMENTS GAME</u></p> <p>The things we have.</p> | <p><u>COMPLIMENTS GAME</u></p> <p>The things we have.</p> |
| <p><u>COMPLIMENTS GAME</u></p> <p>The things we do.</p> | <p><u>COMPLIMENTS GAME</u></p> <p>The things we do.</p> |
| <p><u>COMPLIMENTS GAME</u></p> <p>The way we are.</p> | <p><u>COMPLIMENTS GAME</u></p> <p>The way we are.</p> |