



The Federation of St. Mary's Catholic Schools

RSHE Overview

2021-2022



"I can do all things through Christ who strengthens me" Philippians 4:13

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
RSHE Nursery	Teacher training Parent consultations Journey in Love Social and Emotional Spiritual	Module 1 – Unit 1 Handmade with Love Module 2 – Unit 1 Role Model Who's Who?	Module 2 – Unit 2 You've Got A Friend in Me Forever Friends	Module 2 – Unit 3 Safe Inside and Out My Body. My Rules Feeling Poorly People who Help Us Journey in Love Physical	Module 3 – Unit 1 God is Love Loving God, Loving Others Module 3 – Unit 2 Me, You, Us	
RSHE Reception	Teacher training Parent consultations Journey in Love Social and Emotional Spiritual	Module 1 – Unit 1 Handmade with Love	Module 1 – Unit 2 I Am Me Heads, Shoulders, Knees and Toes Ready Teddy?	Module 1 – Unit 3 I Like, You Like, We All Like Good Feelings, Bad Feelings Let's Get Real Journey in Love Physical	Module 1 – Unit 4 Growing Up	Module 3 – Unit 1 God is Love Loving God, Loving Others Module 3 – Unit 2 Me, You, Us
RSHE Year 1	Teacher training Parent consultations Journey in Love Social and Emotional Spiritual	Module 1 – Unit 1 Let the Children Come Module 2 – Unit 1 God Loves You	Module 2 – Unit 2 Special People Treat Others Well....And Say Sorry	Module 2 – Unit 3 Being Safe Good Secrets and Bad Secrets Physical Contact Module 2- Unit 4 Harmful Substances Module 2-Unit 5 Can you Help Me? Journey in Love Physical	Module 3 – Unit 1 Three in One Who is My Neighbour? Module 3 – Unit 2 The Communities we Live In	

RSHE Year 2	Teacher training Parent consultations Journey in Love Social and Emotional Spiritual	Module 1 – Unit 1 Let the Children Come	Module 1 – Unit 2 I am Unique (Me) Girls and Boys (My Body) Clean and Healthy (My Health)	Module 1 – Unit 3 Feelings, Likes and Dislikes Feeling Inside Out Super Susie gets Angry Module 1 – Unit 4 The Cycle of Life Journey in Love Physical	Module 3 – Unit 1 Three in One Who is My Neighbour? Module 3 – Unit 2 The Communities we Live In
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